September 3 at 12:00 pm  
Held monthly, first Thursday at 12:00 pm.  
**Lean on Me: How to Ask for Help.** Facilitators: Maria Rea, LMFT and Kara Connors, MPH, BHRS

September 8 at 12:00 pm  
Held monthly, first Tuesday at 12:00 pm  
**MCOE Parent Conversation: Suicide Prevention.** Facilitators: Junita Zuniga, PsyD and Kara Connors, MPH, BHRS

September 9 at 2:00 pm  
Held monthly, first Wednesday beginning October 7 at 2:00 pm  
**Marin County Suicide Prevention Collaborative Meeting.**

September 9 at 7:00 pm  
Held monthly, second Wednesday at 7:00 pm  
**SOS Allies for Hope.** Survivors of Suicide Bereavement Support Group. Contact 415-492-0614 to get a Zoom link or SOSinfo@Buckelew.org

September 15 at 9:00 am  
**Board of Supervisor’s meeting.** Suicide Prevention and Recovery Resolutions presented.

September 15 at 7:00 pm  
**Breaking the Silence: How to Recognize and Discuss the Signs of Suicide in your Teenager.** Presenters: Tim Lea, Buckelew Programs, Jessica Colvin, MSW, MPH, Tam Wellness, and Kara Connors, MPH, BHRS

September 22 at 12:00 pm Noon  
**Opening Up: Where Healing Begins and Stigma Fades.** A Lunch and Learn Conversation with David Pincus and Richard Knapp, Authors of *Sons of Suicide* with Kelli Finley, NAMI, Rodef Sholom and Kara Connors, MPH, BHRS. Hosted by: NAMI-Marin

September 29 at 6:30 pm  
**Hablemos sobre la Prevención del Suicidio.** Presentación en español. Presentadoras: Berta Campos-Anicetti, North Marin Community Services and Maria Rea, LMFT, BHRS

September 30 at 1:00 pm  
**Suicide and Substance Use Prevention: What Role Can You Play?** Presenters: Jeff Devido, MD, MTS, FASAM, Marin HHS, Kara Connors, MPH, BHRS, and Linda Henn, Marin Healthy Youth Partnership

Questions? Contact: kconnors@marincounty.org or visit the BHRS Website for future events.