

Social and emotional learning (SEL) is the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.



NOVATO
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Social Emotional Learning (SEL) Plan

When educating the minds of our youth, we must not forget to educate their hearts--Dalai Lama

Tier 1: Every Student, Every Day

Supports at Tier 1 represent a universal approach to ensure that all students experience a safe, supportive environment and are supported by prevention-focused systems that promote positive behavior.

What are Tier 1 Interventions?

- Received by every student regularly
- Includes explicit instruction in the five core competencies--self management, responsible decision-making, relationship skills, social awareness, and self awareness

Explicit instruction is achieved through:

- Implementation of an adopted curriculum to guide SEL instruction
- Regular instruction of SEL strategies including Restorative Circles, use of Trauma-Informed practices, Mindfulness
- A monitoring and feedback system

Tier 2: At-Risk Students

At Tier 2, students who demonstrate some behavioral/social-emotional risk are supported with evidence-based interventions. Behavior is continuously taught to all students, and students at some risk receive “extra doses” of behavioral instruction

What are Tier 2 Interventions?

- Received by 10%-15% of students
- Supplements Tier 1 support
- Additional instruction on identified competencies

Developing in identified competencies is achieved through:

- Implementation of a behavioral contract
- School-home communication systems to give and receive feedback
- Ongoing Restorative Circles with other Tier 2 students
- Small group social skills or social-emotional learning

Progressing out of Tier 2

Each school has a monitoring system to determine when Tier 2 interventions are no longer needed. Likewise, data from the monitoring system can indicate the student needs Tier 3 interventions.

Tier 3: Targeted/Intensive

Interventions at Tier 3 support 3%-5% of students for whom strategies in Tier 1 and 2 are not enough to support growth in the five competencies. Interventions are individual and targeted.

What are Tier 3 Interventions?

- Administration of a Functional Behavior Assessment to determine triggers and replacement behaviors
- Wrap-around supports for student and family
- Support from community partners
- Possible assessment for Special Education services or a 504 Accommodation Plan.

Progressing out of Tier 3

Similar to students in Tier 2, students receiving Tier 3 interventions will be monitored as to their successes and challenges with the five competencies. When a lower level of intervention is indicated, an student can be referred to back to Tier 2.