Mental Health Resources
for the Novato Community

Mental Health Crisis Hotlines & Emergency (24/7/365)

Dial **988** for urgent crisis and/or mental health emergencies

Buckelew Suicide Prevention Line: (415) 499- 1100 or 1 (855) 587-6373

Crisis Text Line: Text **MARIN** to 741741 or call/text 988

National Suicide Prevention Lifeline: 1 (800) 273- 8255;
for Spanish, call 1 (888) 628-9454

Crisis Stabilization Unit (Greenbrae): (415) 473- 6666
for Sonoma County: (707) 576-8181

Marin Mobile Crisis Response Team: (415) 473-6392
Mon- Fri 8am- 9pm, Sat 1pm- 9pm

The Trevor Project: 1 (866) 488- 7386 or text START to 678678
for LGBTQIA+ youth

The Trans Lifeline: 1 (877) 565-8860

CA Youth Crisis Line: call or text 1 (800) 843- 5200

Counseling Support and Services

Marin Behavioral Health and Recovery Services Access Line: 1 (888) 818- 1115
For mental health or substance use assessment (for Medi-Cal recipients or those who are uninsured)

North Marin Community Services (NMCS): (415) 892- 1643, ext 239
Call for a confidential phone assessment for mental health support

Bay Area Community Resources (BACR): Marin Counseling Collaborative
(415) 526-7688

Marin Community Clinics: (415) 448- 1500 to schedule a behavioral health appt

NMCS Teen Clinic: call or text 415-985-5012; free, confidential clinic for teens ages 12-25 to access reproductive and behavioral health care

The Spahr Center: (415) 886- 8558 for LGBTQIA+

NOVATO UNIFIED SCHOOL DISTRICT

Recursos de salud mental
para la comunidad de Novato

Líneas telefónicas de crisis de salud mental y de emergencia (24/7/365)

Marque el **988** para emergencias urgentes de crisis y/o de salud mental
Linea de crisis y prevencion del suicidio de Buckelew: (415) 499- 1100 o
1(855) 587-6373

Crisis Text Line: Texto **MARIN** al 741741

Nacional de Prevencion del Suicidio: (en Spanish) 1 (888) 628-9454
Unidad de Estabilizacion de Crisis (Greenbrae): (415) 473- 6666
o para Sonoma County: (707) 576-8181
Crisis de Marin Mobile: (415) 473-6392
De lunes a viernes de 8am- 9pm, sabado de 1pm- 9pm
The Trevor Project: 1 (866) 488- 7386 or texto START al 678678
para jóvenes LGBTQIA+

The Trans Lifeline: 1 (877) 565-8860
CA Youth Crisis Line: llame o texto 1 (800) 843- 5200

Apoyo Emocional y Servicios

Behavioral Health and Recovery Services Linea de Acceso: 1 (888) 818- 1115
Para la evaluación de la salud mental o el uso de sustancias (para los beneficiarios de Medi-Cal o los que no tienen seguro)
North Marin Community Services (NMCS): (415) 892- 1643, ext 239
Llame para una evaluación telefónica confidencial de apoyo a la salud mental
Bay Area Community Resources (BACR): Marin Counseling Collaborative
(415) 526-7688

Marin Community Clinics: (415) 448- 1500 para una cita
NMCS Teen Clinic: llame o texto 415-985-5012; gratuita y confidencial para que los adolescentes de entre 12 y 25 años accedan a la atención de salud reproductiva y conductual
The Spahr Center: (415) 886- 8558 para LGBTQIA+

NOVATO UNIFIED SCHOOL DISTRICT