



## NUSD Heat Plan

The district will not close schools due to hot weather but will modify outdoor physical activity based on Heat Risk level outlined in the [Marin County Heat Risk Outdoor Activity Overview and Communication Protocols – July 2023](#). We do not close schools as we believe that our schools are the best place for our students, even in most extreme weather conditions. We also appreciate that parents have the option to pick their children up early or to keep students home from school if they believe that is in the best interest of their child.

Timeline of events for when the forecasted temperature is 95° or higher with a heat index of 103° or higher (benchmark levels) based upon data from <http://www.weather.gov>, the National Weather Service's official website.

Weather exceeding benchmark levels:

- Superintendent or Designee will monitor temperatures and communicate to school staff to implement the District Heat Guidelines.

The safety and well-being of our students and staff is a top priority. We want to make sure they are as comfortable as possible so that learning can continue. As a result, our schools will have several guidelines in place for planning instruction during extremely hot weather.

## Instructional Program Modifications

When temperatures near benchmark levels, elementary teachers may rearrange the daily schedule so that basic skills subjects are taught at the optimal time. Recess activities will be limited to quiet games that require a minimum of physical activity. Physical education activities at all grade levels will be limited to less strenuous activities and/or will be rescheduled to a more appropriate time. Please see the [Marin County Heat Risk Outdoor Activity Overview and Communication Protocols – July 2023](#).

## Extracurricular Activities

Athletic activities and practices may be canceled due to hot weather, or rescheduled for a more appropriate time. Before- and after-school programs may also be modified or activities rearranged. Please see the [Marin County Heat Risk Outdoor Activity Overview and Communication Protocols – July 2023](#).

## Keeping Students Cool and Hydrated

Students are encouraged to bring containers of water to school during hot weather. Water fountains are available in all schools and schools are to encourage students to take extra water fountain breaks throughout the day.

*Engage. Inspire. Empower.*



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Students are asked to dress in lightweight clothing that is aligned with their school dress codes. Parents and guardians are encouraged to apply sunscreen to their children before school, as school staff are not permitted to apply it. If a child has a medical condition or may be compromised by exposure to high temperatures, parents or guardians may keep them at home or arrange for an early release.

## More Information

- Extreme Heat FAQ [English](#) [Spanish](#)
- Extreme Heat Resources: [English](#) [Spanish](#)
- How Can I Protect My Children from the Sun? [English](#) [Spanish](#)
- [National Weather Service](#)

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BOARD OF TRUSTEES: Debbie Butler, Diane Gasson, Julie Jacobson, Magali Limeta, Greg Mack, Ross Millerick, Abbey Picus

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